

We claim:

1. A method of treating and/or preventing a cardiovascular disease in a human suffering from an allergic and/or inflammatory condition which comprises administering to such human in need of such treating and/or preventing an effective  
5 amount of loratadine, or a pharmaceutically acceptable salt thereof, in combination with an effective amount of montelukast, or a pharmaceutically acceptable salt thereof.
2. The method of claim 1, wherein the effective amount of loratadine is about 1 mg/day to about 45 mg/day.
- 10 3. The method of claim 2, wherein the effective amount of loratadine is about 5 mg/day to about 15 mg/day.
4. The method of claim 3, wherein the effective amount of loratadine is about 5 mg/day to about 10 mg/day.
5. The method of claim 4, wherein the effective amount of loratadine is about  
15 10mg/day.
6. The method of claim 1, wherein the allergic and/or inflammatory is seasonal allergic rhinitis, perennial allergic rhinitis, atopic dermatitis, urticaria or allergic asthma.
7. The method of claim 1, wherein the effective amount of montelukast is about  
20 5 mg/day to about 20 mg/day.
8. The method of claim 7, wherein the effective amount of montelukast is about 10 mg/day.
9. A method of treating and/or preventing a cardiovascular disease in a human in need of such treating and/or preventing which comprises administering to such

human in need of such treating and/or preventing an effective amount of loratadine, or a pharmaceutically acceptable salt thereof, in combination with an effective amount of montelukast, or a pharmaceutically acceptable salt thereof.

10. The method of claim 9, wherein the effective amount of loratadine is in the  
5 range of about 1 mg/day to about 45 mg/day.

11. The method of claim 10, wherein the effective amount of loratadine is about 5 mg/day to about 15 mg/day.

12. The method of claim 11, wherein the effective amount of loratadine is about 5 mg/day to about 10 mg/day.

10 13. The method of claim 12, wherein the effective amount of loratadine is about 10 mg/day.

14. The method of claim 9, wherein the effective amount of montelukast is about 5 mg/day to about 20 mg/day.

15 15. The method of claim 14, wherein the effective amount of montelukast is about 10 mg/day.

16. A method of treating and/or preventing a cardiovascular disease in a human suffering from seasonal or perennial allergic rhinitis which comprises administering to such human in need of such treating and/or preventing an effective amount of loratadine, or a pharmaceutically acceptable salt thereof, in combination with an  
20 effective amount of montelukast, or a pharmaceutically acceptable salt thereof.

17. The method of claim 16, wherein the effective amount of loratadine is about 1 mg/day to about 45 mg/day.

18. The method of claim 17, wherein the effective amount of loratadine is about 5 mg/day to about 15 mg/day.

19. The method of claim 18, wherein the effective amount of loratadine is about 5 mg/day to about 10 mg/day.

20. The method of claim 19, wherein the effective amount of loratadine is about 10 mg/day.

5 21. The method of claim 16, wherein the human is suffering from seasonal allergic rhinitis.

22. The method of claim 16, wherein the human is suffering from perennial allergic rhinitis.

23. The method of claim 16, wherein the effective amount of montelukast is about  
10 5 mg/day to about 20 mg/day.

24. The method of claim 23, wherein the effective amount of montelukast is about 10 mg/day.

25. A method of treating and/or preventing a cardiovascular disease in a human suffering from atopic dermatitis or urticaria which comprises administering to such  
15 human in need of such treating and/or preventing an effective amount of loratadine, or a pharmaceutically acceptable salt thereof, in combination with an effective amount of montelukast, or a pharmaceutically acceptable salt thereof.

26. The method of claim 25, wherein the effective amount of loratadine is about 1 mg/day to about 45 mg/day.

20 27. The method of claim 26, wherein the effective amount of loratadine is about 5 mg/day to about 15 mg/day.

28. The method of claim 27, wherein the effective amount of loratadine is about 5 mg/day to about 10 mg/day.

29. The method of claim 28, wherein the effective amount of loratadine is about 10 mg/day.

30. The method of claim 25, wherein the patient is suffering from atopic dermatitis.

5 31. The method of claim 25, wherein the patient is suffering from urticaria.

32. The method of claim 25, wherein the effective amount of montelukast is about 5 mg/day to about 20 mg/day.

33. The method of claim 32, wherein the effective amount of montelukast is about 10 mg/day.

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